PERSONAL HIV RISK QUESTIONNAIRE FOR DOMESTIC VIOLENCE SURVIVORS

This questionnaire is for your personal use. You do not have to mark answers or share answers with anyone. If you find you are at risk, even if it seems minor to you, an HIV test is recommended.

If you wish to speak with someone about your risks regarding HIV/AIDS or Domestic Violence, you are invited to call 1-800-799-7233, the National Domestic Violence Hotline, and request to speak to an advocate near you. The National HIV/AIDS Hotline is 1-800-232-4636.

1. How many people have you had sex with during your lifetime? If you answer 0 (zero), go to question #10
   Key: Although not a single indicator, anything above 0 is risk. The higher the number, the more concern should be applied.
   □ 0 □ 1-5 □ 6-10 □ 11-20 □ 20+

2. How many people have you had sex with in the last 3 months? _______
   Key: Although not a single indicator, anything above 0 is risk. The higher the number, the more concern should be applied.

3. My sex partners are (check all that apply): □ Men □ Women □ Both
   Key: Although all groups are at risk, there are sexual practices that increase risks. Go to http://www.thebody.com/surveys/sexsurvey.html to take a Self Test that defines the specific sexual risks.

4. Do you participate in: Anal sex □ YES □ NO
   Oral sex □ YES □ NO
   Vaginal sex □ YES □ NO
   BDSM (Bondage, discipline, sadism, masochism) □ YES □ NO
   Key: Any sexual acts that cause bodily fluids (including blood, vaginal fluids and semen) to exchange increase risks.

5. When you have sex, do you use a condom or other barrier:
   □ Always □ Most of the time □ Not that often □ Never
   Key: Sex without condoms (particularly latex condoms) is risky.

6. Have you ever paid for sex or traded sex for drugs, food, clothing, money etc? □ YES □ NO
   Key: If you have sex with persons within a sex-for-money industry, your risk increases.

7. Are you certain the all of your sex partners have not paid for sex or traded Sex for drugs, food clothing etc.? □ YES □ NO
   Key: If your sexual partner/s have sex with persons within a sex-for-money industry, your risk increases.

8. Have you ever had sex while high on drugs or alcohol? □ YES □ NO
   Key: Being impaired during sex may result in entering in high risk behaviors (or with higher risk people).

9. Do you know if you have you ever had sex with someone infected with: (check all that apply)
   □ HIV/AIDS □ Hepatitis B □ Hepatitis C □ STD □ Not sure
   Key: Having unprotected sex someone HIV+ is highly risky. If their status is unknown and/or if they have any of these other diseases or conditions, you are at increased risk for HIV and the other diseases/conditions.
10. Check any disease or condition you have had: (check all that apply)
☐ Syphilis (bad blood) ☐ Genital/Sex Warts ☐ Gonorrhea (clap) ☐ Herpes ☐ HIV
☐ Chlamydia ☐ Trichomonas (trich) ☐ Hepatitis A ☐ Hepatitis B ☐ Hepatitis C
☐ Women – infection in your tubes/womb (PID) ☐ Men – burning or drip from penis (not gonorrhea or chlamydia)

Key: Having unprotected sex with an HIV/AIDS infected person, while affected by one of these, risk increases.

11. Have you ever had sex with someone who injected drugs?
☐ YES ☐ NO ☐ Not sure

Key: Persons who inject drugs often share needles with other users/addicts. There is a high degree of HIV risk with this.

12. Have you ever used non-injecting drugs like marijuana?
☐ YES ☐ NO

Key: Having sex while impaired can affect safety decisions, including using condom protection (or using them properly).

13. Have you ever injected drugs?
☐ YES ☐ NO

Key: Persons who inject drugs often share needles with other users/addicts. There is a high degree of HIV risk with this.

12b. If YES, did you ever share needles, syringes, or “works”?
☐ YES ☐ NO

Key: Persons who inject drugs often share needles with other users/addicts. There is a high degree of HIV risk with this.

14. Have you ever snorted drugs (i.e., cocaine, speed, heroin, ecstasy, meth.)?
☐ YES ☐ NO

Key: Having sex while impaired can affect safety decisions, including using condom protection (or using them properly).

13b. If YES, have you ever shared straws while snorting?
☐ YES ☐ NO

Key: Persons who share straws with other users/addicts have increased HIV risk due to the potential of broken nasal skin.

15. Have you ever been in jail, prison, or a detention center or had sex with someone who has?
☐ YES ☐ NO

Key: There is a higher risk to person who have sex with former inmates who had sex in prison.

16. Did you or any sexual partner ever have a blood transfusion before 1992?
☐ YES ☐ NO ☐ Not sure

Key: Prior to 1992, HIV testing and other precautions were not as reliable as since then.

17. Have you ever had a tattoo?
☐ YES ☐ NO

Key: Tattoo artists who do not use adequate precautions in cleaning tools may unintentionally increase risks. Also, “informal” tattoo making carries increased risk, if sharing needles or tools.

18. Have you ever had body piercing (other than your ears)?
☐ YES ☐ NO

Key: Piercing artists who do not use adequate precautions in cleaning tools may unintentionally increase risks. Also, “informal” piercing carries increased risk, if sharing needles or tools.

19. Are you certain all of your sex partners for the last few 10 years were/are HIV-negative?
☐ YES ☐ NO ☐ Not sure

Key: If you are not sure, there is an unknown degree of risk.

20. Has a sexual partner ever forced, coerced, pressured or insisted you:

☐ Have unprotected sex ☐ YES ☐ NO
☐ Have sex with other people – ☐ YES ☐ NO
☐ Have sex with several people at the same time – ☐ YES ☐ NO
☐ Re-use condoms – ☐ YES ☐ NO
☐ Use something besides latex condoms as protection ☐ YES ☐ NO
☐ Have “rough” sex – (forceful) ☐ YES ☐ NO
☐ Have sex using unclean toys or objects – ☐ YES ☐ NO

Key: All of these increase risks of HIV infection, if an HIV+ person is involved.
Personal Questionaire: HIV/AIDS (continued)

21. Does you partner refuse to use condoms and/or refuse to let you use protection? □ YES □ NO
   Key: Sex without use of condoms increases risks. (Unless partners are absolutely known to be HIV negative and have none of the risks listed within this questionnaire.

22. Does your partner insist on have sex, even when you are on your period, during yeast infections or during an STD breakout (by either of you)? □ YES □ NO
   Key: These increase the opportunity of exchanging body fluids between sexual partners.

23. Has your partner, a stranger, a date or someone else forced you to have sex or do something sexually that you did not want to do? □ YES □ NO
   Key: When someone is forced to engage in sexual behaviors, the potential for injury (thus exchange of fluids) increases.

24. Do you ever get raw, sore or bleed during sex? □ YES □ NO
   Key: Any rawness, soreness or bleeding provides a way for HIV to transfer between sexual partners.

25. Do you ever get injured to where you bleed or have a raw scrape or burn during acts of violence, then have sex (whether you want to or not)? □ YES □ NO
   Key: When open injuries are present, there is the potential for an avenue of transfer for HIV from an infected partner. Forced sex may further increase the trauma. Emotional trauma is known to reduce resistance to infection of all types.

26. Do you have worries or suspicions that your partner may have had sex with someone else? □ YES □ NO
   Including men? □ YES □ NO
   Key: If your partner is having (or has had) other partners, your risk may be increased. If the other person is a man (especially a man who has sex with other men), the risk may be even more pronounced. Females who have sex with other females do have risks when there is an exchange or transfer of bodily fluids.

27. If you are a victim of rape, incest or other sexual abuse, have you ever been tested for HIV? □ YES □ NO
   Key: Unfortunately, many emergency rooms or sexual violence exam procedures do not include ordering HIV testing on the victim and some do not order it when the perpetrator is known. This often places the burden of testing on the victim.

28. Have you ever been tested for HIV? □ YES □ NO
   Key: Everyone should be regularly for HIV. If you have never been tested, now is a good time. You should get tested again if risk behaviors or circumstances occur. It is a good idea to make testing part of an annual exam. Early detection leads to early treatment. Some people have lived with a positive HIV status for more than 25 years, due to improvements in treatment.

29. Have you completed a home test, but did not go to a clinic to be re-tested for an HIV-positive outcome? □ YES □ NO
   Key: When someone does not confirm HIV status, treatment is delayed. Typically, the earlier treatment starts, the more effective the outcomes. Not knowing the HIV status may lead to dire consequences.

30. Are you worried that you may have been exposed in some way not mentioned? □ YES □ NO
   Key: Worry may mean risk. It is always best to get peace of mind through testing. This will ensure that you will not infect someone else, unintentionally.

Any “yes”, “unsure” or number above “0” indicates the need to be tested.
Only testing can reveal an HIV status.

National AIDS Hotline: 1-800-CDC-INFO (1-800-232-4636)
National Domestic Violence Hotline: 1-800-799 SAFE (7233)
National Sexual Assault Hotline : 1-800-656-HOPE (4673)